

Chapter 1 powerpoint
Warming up, stage fright

Professionals:

The actors tools are:

- 1
- 2
- 3
- 4

Who warms up?

Benefits of warming up

- 1
- 2

be prepared
physical:

vocal:

vocalizing:

routine:

pliable:

Why do warm-ups?

- 1
- 2
- 3
- 4

Warmup routines:Start _____ and build _____

Managing stage fright.

#1 fear is _____ -

Stagefright:

Adrenaline:

Stage fright can be _____.

How to reduce stage fright:

1

2

3

4

Warm up exercises:

1

2

3

4

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